

New England National Scenic Trail (Metacomet-Monadnock Trail)

The New England National Scenic Trail (also known as the Metacomet-Monadnock Trail) runs approximately 114 miles, from New Hampshire to Connecticut. The trail is blazed with white painted rectangles on trees and rocks and white diamond-shaped signs. It passes waterfalls, dramatic cliff faces, woodlands, wetlands, farmland, historic sites, and the summits of Mount Tom and Mount Holyoke.

Location:	Hampshire and Hampden Counties
Trail Type:	Various surfaces depending on trail segment
Length/Difficulty:	114 miles; Moderate, with sections of rugged and strenuous hiking
Permitted Uses:	Uses permitted are determined by the property owner hosting a particular segment of trail. The trail is primarily used for hiking, backpacking, and snowshoeing. Portions of the trail are used for mountain biking and cross-country skiing.
Parking:	11 parking areas along the trail in Hampshire and Hampden counties.
Facilities:	Several primitive lean-tos and campsites, and a few state park campsites with facilities along the trail. However, camping is discouraged in many areas.
Ownership:	Over half of its length, the trail passes through public land. The remainder of the trail passes through land managed by conservation non-profit organizations, private land under conservation easement, and unprotected private land. The trail is maintained by the Appalachian Mountain Club-Berkshire Chapter Trails Committee and other volunteers.
Information:	http://www.newenglandtrail.org/about-trail